Fedding Scenarios: Infants

Quiz Questions

Points to focus on when watching this video:
- Breast/chest feeding and formula feeding differences
- How to store and handle human milk and formula
- Responsive feeding
- How to add solid foods

Potential Test/Quiz Questions:

1. Choose the best response: Hunger cues in an infant include:
   a. Opening and closing the mouth
   b. Rooting
   c. Bringing hands to face
   d. Making sucking sounds
   e. All the above

2. True or False: An infant should be fed iron-fortified infant formula or breastmilk exclusively from birth through the end of 5 months.

3. Choose the best response: One important clue that a child is ready for solid foods is when:
   a. He/she is at least 4 month-old
   b. He/she cries a lot
   c. Whenever the parents think it is time
   d. When the child can hold his/her head up and follows the spoon

4. Fill in the blank: How long can you keep a bottle with human milk without refrigeration that was started by an infant? ____________ hours

5. Fill in the blanks: An infant only needs ________ tbsp of food when they first are introduced to food.

6. True or False: If a child is fed another child’s human milk, the center should notify both families of the mix-up and reassure families that the chance of infectious disease transmission is small.

7. True or False: Foods should be mixed so that a child will more readily accept a new food.

8. Fill in the blank: Do not try to introduce a new food until ________________ days after another food was introduced to monitor for food allergies.

9. True or False: Children may be ready to drink from a cup when they can sit on their own and are able to seal their lower lip around the rim of the cup.
Answer Guide

1. **Choose the best response:** Hunger cues in an infant include:
   - Correct Answer: B

2. **True or False:** An infant should be fed iron-fortified infant formula or breastmilk exclusively from birth through the end of 5 months.
   - Correct Answer: True

3. **Choose the best response:** One important clue that a child is ready for solid foods is when:
   - Correct Answer: D

4. **Fill in the blank:** How long can you keep a bottle with human milk without refrigeration that was started by an infant? ____________ hours
   - Correct Answer: C

5. **Fill in the blanks:** An infant only needs _________ tbsp of food when they first are introduced to food.
   - Correct Answer: C

6. **True or False:** If a child is fed another child’s human milk, the center should notify both families of the mix-up and reassure families that the chance of infectious disease transmission is small.
   - Correct Answer: True

7. **True or False:** Foods should be mixed so that a child will more readily accept a new food.
   - Correct Answer: D

8. **Fill in the blank:** Do not try to introduce a new food until ________________ days after another food was introduced to monitor for food allergies.
   - Correct Answer: C

9. **True or False:** Children may be ready to drink from a cup when they can sit on their own and are able to seal their lower lip around the rim of the cup.
   - Correct Answer: C