Feeding Children with Special Needs

Quiz Questions

Points to focus on when watching this video:
- Children with autism spectrum disorder
- Adaptive feeding
- Children with medical diets

Potential Test/Quiz Questions:

1. Choose all that apply: Many children with autism spectrum disorder (ASD)
   a. Have food dislikes and sensitivities
   b. Will only choose certain textures or colors of food
   c. May become undernourished if whole food groups are avoided
   d. May experience a decrease in appetite due to their medications

2. True or False: Adapted feeding equipment or tools are used to help children with self-feeding challenges to increase independence and confidence. These tools include cups, plates, and utensils.

3. Choose all that apply: For a child with autism spectrum disorder, which of the following will help with mealtimes?
   a. Giving the child only the foods they like
   b. Creating a consistent mealtime and routine
   c. Using a divided plate to keep foods separated
   d. Removing the child from the rest of the class so that they have no distractions

4. Choose the best response: Medical diets are often needed for children with
   a. Diabetes
   b. Sickle cell anemia
   c. Celiac disease
   d. All the above

5. True or False: A dietitian can help create a meal plan with the parents and the center to accommodate a child with special feeding needs or medical diets.

6. Fill in the blank: Each child with special dietary needs requires a medical note and a __________ designed by the nurse and dietitian.

7. True or False: You can modify a diet if the parent tells you that the child is allergic to food, but it’s better to have the child’s doctor provide you with clear instructions.
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Answer Guide

1. **Choose all that apply:** Many children with autism spectrum disorder (ASD)
   
   **Correct Answer:** A, B, C, and D

2. **True or False:** Adapted feeding equipment or tools are used to help children with self-feeding challenges to increase independence and confidence. These tools include cups, plates, and utensils.
   
   **Correct Answer:** True

3. **Choose all that apply:** For a child with autism spectrum disorder, which of the following will help with mealtimes?
   
   **Correct Answer:** B and C

4. **Choose the best response:** Medical diets are often needed for children with
   
   **Correct Answer:** D

5. **True or False:** A dietitian can help create a meal plan with the parents and the center to accommodate a child with special feeding needs or medical diets.
   
   **Correct Answer:** True

6. **Fill in the blank:** Each child with special dietary needs requires a medical note and a __________ designed by the nurse and dietitian.
   
   **Correct Answer:** Care Plan

7. **True or False:** You can modify a diet if the parent tells you that the child is allergic to food, but it’s better to have the child’s doctor provide you with clear instructions.
   
   **Correct Answer:** False