

**Directions from UConn (Storrs) to Rudd Center for Food Policy & Obesity
One Constitution Plaza, Hartford, CT 06103, (860) 380-1000**



Driving to Science Center Garage - Downtown Hartford:

- Start out traveling northwest on Storrs Road (195) toward Oak Hill Road. Follow 195 for 8 miles. Merge onto I-84 West via ramp on the left toward Hartford. Continue for 16 miles.
- Merge onto CT-2 West via Exit 54 on the left toward Downtown Hartford. Proceed .85 miles. After the bridge, turn left onto Columbus Blvd.
- Turn left at first light.
- Science Center parking garage is on the left.

Walking Directions from Science Center Garage to Rudd Center office:

(See photo and red arrows above)

- Take the elevator from your garage level to the lobby level of the Science Center.
- When you get off the elevator go left and turn left and you will exit glass doors onto Constitution Plaza (above street level). There are green awnings over the doors.
- Turn left to walk over the bridge toward our building on Constitution Plaza.
- At the end of the bridge, turn right.
- Our building is the first high rise on the left. When you pass the water fountain, you will see an entrance to our building with a revolving door. You can enter here.
- Once inside, go down the stairs and turn left into the lobby. Check in with security and proceed to the elevators. We are on the 6th floor.

If you exit the Science Center Garage at street level, walk on Columbus Blvd to State Street and turn left on State Street. Go one block to Market Street and turn right on Market Street. The entrance to One Constitution Plaza will be on your right. Check in with security and proceed to the elevators. We are on the 6th floor.

Note: Guests who park at the CT Science Center Garage must bring their parking ticket to the UConn Rudd Center receptionist for validation.