

Driving Directions to UConn Rudd Center for Food Policy & Obesity One Constitution Plaza, Hartford, CT 06103, (860) 380-1000



Driving to Science Center Garage - Downtown Hartford:

I-91 North to Hartford:

Exit 29A (Capitol Area, exit to the left). Merge onto the Whitehead Highway and take first exit on the right (Columbus Boulevard). Turn right onto Columbus Boulevard and proceed 0.2 miles and turn right onto Grove Street. The entrance to the Science Center Garage is on the left.

I-91 South to Hartford:

Exit 31 (State Street). At 2nd light, turn right onto Market Street. Turn right at next light onto Kinsley Street, and turn right at next light onto Columbus Boulevard. Cross State Street and turn left at first light onto Grove Street. The entrance to the Science Center Garage is on the left.

I-84 East to Hartford:

Exit 50 (Main Street). Go through 3 lights. At the 4th light, turn right onto Columbus Boulevard. Cross State Street, and make the next left past the Science Center onto Grove Street. The entrance to the Science Center Garage is on the left.

I-84 West to Hartford:

Exit 54 (Downtown Hartford). Merge onto CT-2 and proceed .85 miles. After the Founders Bridge, crossing the CT River, make the first left onto Columbus Boulevard, then left at first light. The CT Science Center garage is on the left.

Walking Directions from Science Center Garage to Rudd Center office:

(See photo and red arrows above)

- Take the elevator from your garage level to the lobby level of the Science Center.
- When you get off the elevator go left and turn left and you will exit glass doors onto Constitution Plaza (above street level). There are green awnings over the doors.

- Turn left to walk over the bridge toward our building on Constitution Plaza. Turn right at the end of the bridge.
- Our building is the first high rise on the left. When you pass the fountain, you will see an entrance to the building with a revolving door. You can enter here.
- Once inside, go down the stairs and turn left into the lobby. Check in with security and proceed to the elevators. We are on the 6th floor.
- If you exit the Science Center Garage at street level, walk on Columbus Boulevard to the right to State Street and turn left onto State Street. Go one block to Market Street and turn right onto Market Street. The entrance to One Constitution Plaza will be on your right. Check in with security and proceed to the elevators. We are on the 6th floor.

Note: Guests who park at the CT Science Center Garage must bring their parking ticket to the UConn Rudd Center receptionist for validation.