







## OUTDOOR PLAY-#1 continued

### Staff Behaviors continued

3. During outdoor play, did staff verbally prompt children to increase their physical activity? (i.e. "Keep running!" "Faster!")  No  Yes
4. Did staff provide formal physical education lessons?  No  Yes

### Other

Does curriculum change in the summer?  No  Yes

Describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Notes: Were any activities not allowed? Were there any unique things happening at this center that may have impacted physical activity, such as construction?

## OUTDOOR PLAY-#2

### Length of Outdoor Play

1. Time of observation: \_\_\_\_\_ to \_\_\_\_\_
2. Actual duration of outdoor time \_\_\_\_\_

### Play Time

1. Did staff members prompt children to drink water?  No  Yes
2. Structured, teacher-led physical activity

\* Use **stopwatch** to calculate amount of structured activity per type.\*

[\**Structured physical activity is set up by an adult caregiver. Adult may participate for the duration, or set up the activity and monitor. Examples a game of tag, a ball game, or a "dance with me" activity to music.*]

- 2a. Structured activity?  No  Yes

Type of structured activity provided by staff (e.g., tag, race, Simon Says)	Total mins observed	Optional? No - 0 Yes - 1	# children involved	All children active? Few-0 Half-1 Most/All-2

### Staff Behaviors

1. Did you observe staff restricting active play as a punishment (not as a safety issue)?  No  Yes  
IF YES, how many times? \_\_\_\_\_
2. Apart from initiating structured PA, what portion of non-sedentary (i.e. moderate/vigorous) play did staff participate in? (examples of structured activity: playing catch, racing with kids, chasing kids etc.)
- None  
 Some  
 All
3. During outdoor play, did staff verbally prompt children to increase their physical activity? (i.e. "Keep running!" "Faster!")  No  Yes
4. Did staff provide formal physical education lessons?  No  Yes